



PRESTWICH SOCIAL PRESCRIBING



Tuesday 5 August 2025

9:30am - 11:30am - Join Julie and Joanne for brew, brunch and chat - The Croft at St Hilda's, Whittaker Lane, Prestwich
Our new Craft at The Croft group will also be happening so if you're interested in crafting please come along

12noon - Church Lane Walks - Join Robin and meet outside Church Lane community centre, Church Lane, Prestwich and enjoy a walk in and around Prestwich Clough then join us as the drop in afterwards

1pm - 3pm - Church Lane Social drop in, Church Lane Community Centre, Church Lane, Prestwich M25 1AJ. Join Julie, Joanne and our team and enjoy lunch, a good chat with like minded people and find out and get involved with what's available locally, listen to guest speakers and see people from local services and organisations on your doorstep! If you're struggling with the NHS app we can help just bring you smartphone and some ID with you

Wednesday 6 August 2025

6:20pm Prestwich Plodders - WOMEN ONLY Meet at St Margaret's Car Park in Heaton Park enjoy a walking, jeffing, running whichever works best for you. Ask for Justine on arrival

Thursday 7 August 2025

10:30 - 12:30 - Broken Biscuits - Come and join our men's social get together at The Scout Den, Derby Street (off Church Lane) and enjoy a brew and chat

11am - 12noon - Walking Tennis - Just turn up with a tennis racquet and ask for the Walking Tennis, St Marys Park tennis courts, Prestwich

2pm - 4:30pm - Dementia Community Cafe, for anyone living with Dementia/Alzheimer's and their families, friends and carers. Just come along and join us in the Community Hall at Nazareth House, Scholes Lane, Prestwich

Come along or contact your social prescribers for more information.

For patients at Whittaker Lane, St Gabriel's, Fairfax Group Practice - Julie.marshall63@nhs.net
or 07713 750 454

For patients at Longfield, The Birches, Greylands - Joanne.murray29@nhs.net or 07957 631 435