



# PRESTWICH SOCIAL PRESCRIBING



## Tuesday 1 April 2025

9am - 11:30am - The Croft at St Hildas', Whittaker Lane, Prestwich. Join Joanne, Julie and Susan for a brew and chat and some nature based activities

12noon - Church Lane Walks - Join Robin outside Church Lane Community Centre, Church Lane, Prestwich and enjoy a walk in and around Prestwich Clough

1pm - 3pm - Church Lane Social drop in, Church Lane Community Centre, Church Lane, Prestwich M25 1AJ. Join Julie, Joanne and Susan our social prescribers and volunteers between 1pm - 3pm for a chatty, social afternoon. We'll have lunch, brew and biscuits available, connect with people, find out what's available locally, listen to guest speakers and see people from local services and organisations on your doorstep!

## Wednesday 2 April 2025

6:20pm Prestwich Plodders - WOMEN ONLY Meeting at 6:20pm at St Margarets Car Park in Heatone Park enjoy a walking, jeffing, running whichever works best for you. Ask for Justine on arrival.

## Thursday 3 April 2025

10:30am - 12:30pm Broken Biscuits - Join our mens group and enjoy a coffee, some banter and some support. Meeting at a local cafe, please email [julie.marshall63@nhs.net](mailto:julie.marshall63@nhs.net) to book your space.

Come along or contact your social prescribers for more information.

For patients at Whittaker Lane, St Gabriel's, Fairfax

[Julie.marshall63@nhs.net](mailto:Julie.marshall63@nhs.net) or 07713 750 458

For patients at Longfield, The Birches, Greylands

[Joanne.murray29@nhs.net](mailto:Joanne.murray29@nhs.net) or 07957 631 435

