

# Social Drop In's

*Come and meet your Prestwich social prescribers and our team at our weekly drop ins where you can connect with other local people, groups, events, services, organisations and other health professionals and access support to help meet your practical, emotional and social needs to help improve your health and wellbeing.*

**Church Lane Social Drop In  
Every Tuesday 1pm - 3pm at  
Church Lane Community  
Centre, Church Lane, Prestwich  
M25 1AJ.**

**Lunch is available from our  
fabulous Happier and Healthier  
Prestwich volunteers for a  
small donation**



**St Hilda's Social Drop In**

- **Every Tuesday 9:00am - 11:30am**
- **3rd Thursday of the month 10:30am - 12:30pm**

**at The Croft, St Hilda's Church,  
Whittaker Lane, Prestwich.  
Brunch and lunch are available  
at both drop ins.**

**Just come along or for more information please  
contact our social prescribers**

**julie.marshall63@nhs.net or call 07713 750 458  
joanne.murray29@nhs.net or call 07957 631 435**

